



MeruEPC

SECURE . SMART . HUMAN

2025 & 26 Training Catalogue

Why Choose MeruEPC?

Expert-Led Training • Hands-On Experience •
Industry Standards Aligned • Global Delivery

Program Categories

MeruShield – Family Programs	4 Courses
MeruShield – Corporate Programs	5 Courses
MeruShield – OT Programs	3 Courses
MeruShield – Maritime Programs	2 Courses
MeruShield – Intelligence Programs	1 Course



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MeruShield – Family Programs



Protect your most valuable asset—your people. These programs equip families and employees with practical cybersecurity skills for personal digital safety, from social media privacy to smart home security.



Social Media & Privacy Mastery

6 hours • Intermediate • In-person/Virtual

Manage privacy, avoid oversharing, counter deepfakes, and protect personal brand and company reputation. Learn to tune platform privacy controls, detect impersonation, and create safe sharing guidelines for yourself and your family.

Ideal for:

Employees, Teens, Parents, Communications & HR Teams

Smart Home & IoT Security

8 hours • Intermediate • In-person/Virtual

Secure home routers, cameras, and smart assistants while learning to segment networks and respond to device incidents. Protect your connected home from cyber threats with practical hardening techniques for home gateways and Wi-Fi networks.

Ideal for:

Home Users, Executives, IT Staff

Employee Family Cyber Wellness

Annual Program • In-person/Virtual

Quarterly awareness sessions designed as a corporate benefit program to sustain safe online behaviour for employees and their families. Includes bite-size microlearning modules, phishing drills, and scam simulations delivered throughout the year.

Ideal for:

HR Teams, Corporate Communications, Employee Benefit Programs

Executive Family Protection

16 hours • Advanced • In-person/Virtual

Reduce targeted threats against leadership families with protective monitoring and response playbooks. Comprehensive training covers hardening personal accounts and devices, establishing travel and social media protocols, and practicing incident response scenarios.

Ideal for:

C-Suite Families, Senior Executives, Board Members





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MeruShield – Corporate Programs

Cybersecurity for Executives & Boards

1 day • Foundation • In-person/Virtual

Decision-oriented session on risk appetite, resilience metrics, and oversight duties. Learn to set risk tolerances, read cyber dashboards and KRIs, and direct incident and recovery governance at the executive level.

Ideal for:

CxOs, Board Members, Business Unit Heads

Incident Response & Crisis Communication

1-2 days • Intermediate • In-person/Virtual

Coordinate technical, legal, and communications workstreams using tabletop exercises and templates. Practice ransomware scenarios, define RACI matrices, and prepare regulatory and media statements for real-world incidents.

Ideal for:

Leadership, Communications, Legal, SOC/IR Teams

Data Protection & Compliance Essentials

1 day • Foundation • In-person/Virtual

Practical view on data flows, records, privacy impact assessments, and controls. Learn to map data and systems, apply minimum controls for compliance, and run DPIAs and vendor security checks effectively.

Ideal for:

Data Owners, Privacy Teams, Risk Management

Cyber Risk Quantification Workshop

1 day • Intermediate • In-person/Virtual

Model cyber loss scenarios to support investment and insurance decisions. Define scenarios with loss drivers, estimate ranges with sensitivity analysis, and prioritize security mitigations by ROI for data-driven decision making.

Ideal for:

CFOs, CROs, Risk & Security Leaders

Zero-Trust for IT/OT

1 day • Intermediate • In-person/Virtual

Reference architectures and patterns for identity, segmentation, and remote access across IT/OT environments. Learn to map identities and assets, design segmented zones and conduits, and implement PAM and JIT remote access controls.

Ideal for:

IT/OT Architects, Security Operations Teams



Strategic cybersecurity training for business leaders, risk managers, and corporate teams. From board-level governance to crisis response, these programs build organizational resilience and decision-making capabilities





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MeruShield – OT Programs

ICS/OT Security Fundamentals

2-3 days • Foundation • In-person/Virtual

Essential differences between IT and OT, threat landscape, and baseline controls for ICS/SCADA systems. Understand Purdue Model architecture, zones and conduits, apply IEC 62443 foundational requirements, and plan safe remote access strategies.

Ideal for:

OT Engineers, Plant Managers, Security Operations

OT Manufacturing Security

2 days • Intermediate • In-person/Virtual

Protect production lines and MES/PLC networks with practical vendor access and change control procedures. Learn to harden PLCs and HMIs, assess network segmentation effectiveness, and establish secure vendor access workflows for manufacturing environments.

Ideal for:

Production Teams, Maintenance Engineers

Advanced CyberHAZOP + OT

5 days • Advanced • In-person/Virtual

Facilitate CyberHAZOP workshops integrating process safety and cyber risk deviations. Master planning nodes and guidewords, scoring likelihood and impact for cyber scenarios, and producing actionable risk registers aligned with IEC 62443 and CCPS standards.

Ideal for:

Senior Engineers, Process Safety Leads



Specialized training for operational technology and industrial control systems. Protect critical infrastructure with IEC 62443-aligned programs covering fundamentals through advanced CyberHAZOP methodologies.





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MeruShield – Maritime Programs

IMO and IACS-aligned training for maritime cybersecurity. From crew awareness to shipyard compliance, these programs address the unique challenges of securing vessels, ports, and maritime operations



Maritime Cyber Awareness

1 day • Foundation • In-person/Virtual

Key maritime systems, common threats, and IMO expectations for everyday operations. Learn to identify shipboard attack paths, apply minimum controls per IMO Resolution MSC.428(98), and effectively report and respond to cyber incidents onboard.

Ideal for:

Crew Members, Shore Teams, Designated Persons Ashore (DPAs)

Maritime Cyber Resilience

1-2 days • Intermediate • In-person/Virtual

IACS Unified Requirements E26/E27 and secure-by-design approaches for newbuilds and refits. Comprehensive training to map vessel assets and interfaces, apply UR E26/E27 controls systematically, and design effective test and acceptance checks for maritime systems.

Ideal for:

Ship Operators, Shipyards, Port Authorities





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MeruShield – Intelligence Programs

Advanced investigative techniques for threat intelligence and digital investigations. Master OSINT, dark web navigation, and operational security for professional intelligence gathering and analysis.



OSINT & Dark Web Intelligence

2 days • Advanced • In-person/Virtual

Structured collection and operational security for digital investigations with takedown workflows. Learn to use structured collection plans, maintain investigator OPSEC, coordinate takedown workflows, and navigate dark web resources while managing legal and ethical considerations.

Ideal for:

Threat Intelligence Analysts, Digital Investigators



What Sets MeruEPC Apart ?

Expert-Led Training

All sessions conducted by active field consultants with real-world experience in cybersecurity implementations

Standards-Aligned

Programs aligned with IEC 62443, NIST Cybersecurity Framework, IACS UR E26/E27, and ISO 27001 standards

Flexible Delivery

Choose from remote or onsite training delivered via Microsoft Teams or in-person sessions worldwide.

Hands-On Learning

Practical exercises, tabletop simulations, and real-world scenarios ensure participants can apply skills immediately.

Every Program Includes :

- Comprehensive PDF slide decks and reference materials
- Practical toolkits and templates for immediate implementation
- Professional certificates of completion
- Post-training Q&A sessions with instructors
- Access to our expert network for ongoing support

About MeruEPC

MeruEPC delivers specialized cybersecurity and personal development programs designed for organizations and individuals across energy, maritime, and technology sectors. Our mission is to empower people and teams to build resilience, confidence, and capability in the digital era.

Headquartered in Singapore with operations across UAE and India, we offer intensive, expert-led training delivered globally through both virtual and in-person modes. Our instructors are active field consultants who bring current, real-world experience to every session.

Global Reach

Singapore HQ with operations in UAE and India

Small Groups

Max 20 participants, ideal 8-15 for engagement

Customizable

Tailored content and multiple currency options

Ready to elevate your team's cybersecurity capabilities?



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